

Summer 2004
Volume 2, Issue 2

Articulations

RESOURCES Medical Library Service

Members of CPA are eligible to apply for membership with the Medical Library Service of the College of Physicians and Surgeons of BC.

Services include:
-Unlimited literature searches
-Postage-free loan of books (including UBC and A-V materials)
-Journal article photocopies
-Computer consulting
-Cites and Bytes Newsletter

The fee is:
-\$120 per year for Ortho Div members

For more information contact Travis Wolsey:
sungodphysio@telus.net

Chair Report

Welcome to our first electronic edition! Please look on our website for future editions in December 2004 as well as March and June 2005.

www.bcortho.org

The AGM in April was a great success! Thank you to all the BC Section members who participated. Your feedback was excellent and we are

implementing some of your ideas. Minutes from the AGM can be requested on the website under "Contact us". As well, thanks to Dr. Neil Wells for his presentation on TFCC injuries and scapho-lunate repairs. Read on for his clinical tidbit at the end of the newsletter.

Courses continue to run smoothly. Please find the

latest course calendar on the website.



Orthopaedic Symposium

On September 10-12, 2004 St. John's, Newfoundland will be hosting the 2004 Orthopaedic Symposium of the Canadian Physiotherapy Association. The topic for this year's symposium is "Movement and Function: Evidence and Clinical Application". The keynote speakers presenting research on this topic are Gwendolen Jull and Paul Watson. Also invited to speak are: John Oldham, Diane Lee, Mark Comerford, Howard Dananberg and David Behm.

Along with the various mentioned speakers, there are also pre and post symposium courses offered. For more information and registration details, you can go to www.orthodiv.org and click on the appropriate title.

WHEN:

September 10-12, 2004

WHERE:

St. John's, Newfoundland

WHAT:

"Movement and Function: Evidence and Clinical Application"

WHO:

Keynote Speakers:

Gwendolen Jull
Paul Watson

Invited Speakers:

John Oldham
Diane Lee
Mark Comerford
Howard Dananberg
David Behm

HOW:

www.orthodiv.org

The National Division will be meeting with all the provincial sections and units at the Symposium. Details of the meeting will follow in the next newsletter.

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Journal Club

Another exciting week of the journal club was June 21-27. The article reviewed was Nerve and Tendon Gliding Exercises and the Conservative Management of Carpal Tunnel Syndrome by Rozmaryn, LM, Dovel S, Rothman ER, Gorman K, Olvey KM and Bartko JJ. It can be found in Journal

of Hand Therapy, July-Sept 1998 pages 171-179. This article showed that specific nerve and tendon gliding exercises decreased the need for carpal tunnel surgery in the experimental group with follow-up even two years later..very interesting! The journal club will be taking a hiatus

until the fall. If you have any questions or articles you feel could be used please contact Becky Maranda at: beckymarandaphysio@shaw.ca

Teacher's Corner

The BC Ortho Division instructors had a meeting on April 29, 2004 after the AGM which generated plenty of discussion and some good ideas. A summary of that meeting was e-mailed to all the BC Ortho Division instructors. If you didn't receive it please e-mail Sherrill at: srutherford@telus.net.

In response to interest from the questionnaire we sent out last year and the meeting, a Powerpoint training course for all interested instructors was offered by UBC Continuing Medical Education on June 27. We hope all the participants benefited from the course. Further

teacher development courses are being worked on. Teachers, if you are interested in supervising students who require preceptorship hours please contact Sherrill and/or Christine and your contact information will be posted on the BC Section website.

Clinical Tidbit

At the AGM Dr. Neil Wells gave an excellent talk on wrist instability surgery options. The rehab is fairly long - up to one year, and the wrist should never be loaded in the fully extended position post surgery.

As well, for return to sports a splint should be worn, and it needs to have a dorsal block to keep the wrist out of full extension. Custom made is best.

